

Hello,

My name is Jay Moore and I am the Director of Athletic Training with Williamson Medical Center and the Bone and Joint Institute of Tennessee. Normally, during this time of the year, we are preparing to administer a baseline concussion test to our student athletes, called ImpACT. This test is administered pre-season and prior to participation to establish what is known as a “baseline.” For the parents of students who are not familiar with the concussion test; this is a concussion tool that we use to help determine objectively the status of their concussion. This helps our team in determining when the student athlete should begin return to play procedures. It is not mandatory, but one we highly recommended, to help with your student athlete’s care.

Unfortunately due to our current state with Covid-19, testing large groups of students at the schools is not safe, nor practical. For this year, we are asking student athletes to take their baseline ImpACT tests at home. The certified athletic trainers (ATC’s) for your school will determine which athletes need to take the test (generally incoming freshmen and rising juniors. We are on a 2 year cycle). The ATC’s will communicate through the respective coaches who needs to take the test this year.

A few things we ask of athletes and parents are listed below:

- The permission form is located on Final Forms for each parent to sign.
- The test only takes about 30 minutes, but they will need an uninterrupted space for that time.
- Please have the student athlete take the test in a quiet place, i.e. turn off their cell phones off, no music, and no television. We want to avoid distractions.
- It is VERY important for each athlete to do their best and not rush through the test. These tests are a very important part of their concussion care and returning to sports.
- If a student athlete has a learning disability, there is a place to signify this in the demographic portion.
- The student athletes do not need to print the results once the test is completed. The scores are recorded and maintained in the Impact system.
- \*\*If you do not have a home computer or access to a computer, please let your athletic trainer know and we will find the best way to make sure you have access to take this test.

The website is: [www.impacttestonline.com/testing](http://www.impacttestonline.com/testing)

The code to put in is: HLGWDPYRA, then click on “Validate.”

Then enter the school, and click on “Launch Baseline Test.”

Please enter “additional demographics” and then proceed to put in information.

Thank you very much for your help with this! It is an unusual year, and we are doing everything we can to safely provide the best medical care to our student athletes. If you have any questions or concerns, please feel free to reach out to your school’s athletic trainer. Or feel free to contact me at 615-815-6364 or [jemoore@wmed.org](mailto:jemoore@wmed.org).

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